



# Bakery-Cafe Menu

## We are Panera Bread

And we believe that good food, food you can feel good about, can bring out the best in all of us. Food served in a warm, welcoming environment, by people who care. To us, that's good eating and that's why we're here.

## Allergen Statement

Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish. Before placing your order, please inform your server if a person in your party has a food allergy so that a manager can, at your request, provide you a list of ingredients in your order.

## WHAT WE'RE CELEBRATING

Here are some of our favorite flavors, inspired by the season.

### **Steel Cut Oatmeal with Apple Chips & Pecans** IT'S BACK!

Oatmeal lovers take note! Our Steel Cut Oatmeal with Apple Chips & Pecans is back for the season. Made with our organic steel cut oats cooked to perfection and topped with our signature cinnamon crunch topping, it's just the thing for a cool autumn morning.

### **Roasted Turkey, Apple & Cheddar Sandwich** NEW!

What's our secret to perfect turkey? Well it's clean, hand-carved and raised without antibiotics, but it's also cooked sous vide (French for "under vacuum") to sear in all that delicious caramelized flavor. Taste for yourself in our new Roasted Turkey, Apple & Cheddar Sandwich on new Whole Grain Cranberry Walnut Bread.

### **Ancient Grain, Arugula & Chicken Salad** NEW!

With peppery arugula, tender chicken and hearty grains, this salad's so much more than a side, it's a fully satisfying meal in itself! Dig your fork into our newest addition, our Ancient Grain, Arugula & Chicken Salad, made with a blend of freekeh, farro, barley and daikon radish seed.

### **Butternut Squash Ravioli** IT'S BACK!

If you missed this flavorful addition to our fall pasta lineup last year, don't worry! Butternut Squash Ravioli is back. It all starts with sage and egg striped noodles filled with a mixture of butternut squash, butter, brown sugar and amaretti cookie crumbs, then tossed in a leek and garlic cream sauce and topped with arugula and frizzled onions. Yum!

### **Caramel Apple Thumbprint Scone** IT'S BACK!

You know how some flavors were just meant to be together? Like peanut butter and jelly. Or peas and carrots. We think apples and caramel definitely make the cut. Our Caramel Apple Thumbprint Scone pairs the two for a sweet taste of fall in a deliciously freshly baked package.

### **Roasted Turkey Cranberry Flatbread** IT'S BACK!

Tuck into the roasted, hand-carved turkey goodness of our Roasted Turkey Cranberry Flatbread. Yes, this holiday favorite is back and full of festive flavor made with clean roasted turkey raised without antibiotics, baby spinach, garlic and herb cream cheese spread and our cranberry mostarda.

### **All-Natural Turkey Chili** IT'S BACK!

Sometimes you just crave comfort and our All-Natural Turkey Chili is back to warm up your day. Made with a hearty blend of dark meat turkey raised without antibiotics and tender beans, all slow cooked with veggies and spices, we just have to warn you – once you've tried it, you'll want it again and again.

## BREAKFAST SANDWICHES

### **Steak & Egg on Everything Bagel**

All-natural egg, Vermont white cheddar and seared steak on our Everything Bagel.

### **Sausage, Egg & Cheese on Ciabatta**

All-natural egg, Vermont white cheddar and all-natural sausage on Ciabatta.

### **Mediterranean Egg White on Ciabatta**

Egg whites, Vermont white cheddar, tomato soffrito, fresh spinach and basil pesto on Ciabatta.

### **Bacon, Egg & Cheese on Ciabatta**

All-natural egg, Vermont white cheddar and applewood-smoked bacon on Ciabatta.

### **Bacon, Egg & Cheese on Asiago Cheese Bagel**

All-natural egg, Vermont white cheddar and applewood-smoked bacon on our Asiago Cheese Bagel.

### **Egg & Cheese on Ciabatta**

All-natural egg and Vermont white cheddar on Ciabatta.

## BREAKFAST POWER SANDWICHES

### **Ham, Egg & Cheese Breakfast Power Sandwich**

All-natural egg, Vermont white cheddar and smoked, lean ham on Whole Grain.

### **Avocado, Egg White & Spinach Breakfast Power Sandwich**

Egg whites, Vermont white cheddar, avocado, fresh spinach and tomato on our Sprouted Grain Bagel Flat.

### **Turkey Sausage, Egg White & Spinach Breakfast Power Sandwich**

Turkey sausage cooked into egg whites, Vermont white cheddar, fresh spinach and tomato on a Sprouted Grain Bagel Flat.

## BREAKFAST FAVORITES

### **Steel Cut Oatmeal**

Organic steel cut oats with cinnamon crunch topping and choice of strawberries and pecans or apple chips and pecans IT'S BACK!

### **Power Almond Quinoa Oatmeal**

Organic, steel cut oats topped with organic quinoa, sliced toasted almonds, ground cinnamon and honey.

### **Strawberry Granola Parfait**

Stonyfield Farm® low-fat, organic vanilla yogurt and maple butter pecan granola with whole grain oats and fresh strawberries.

### **Seasonal Fruit Cup**

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**BAKED EGG SOUFFLÉS**

Savory ingredients and egg baked in our sweet French inspired pastry. Available in: Four Cheese, Ham & Swiss, Spinach & Artichoke, Spinach & Bacon

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**BAGELS & CREAM CHEESE SPREADS**

**Bagels**

Plain, Sprouted Grain Flat, Whole Grain, Everything, Sesame, Chocolate Chip, French Toast, Blueberry, Cinnamon Swirl & Raisin, Pumpkin Pie **IT'S BACK!**, Cinnamon Crunch, Asiago Cheese, Cherry Vanilla **IT'S BACK!**

**Bagel Pack**

13 bagels, 2 tubs of spreads.

**Dozen & a Half**

18 bagels

**Baker's Dozen**

13 bagels

**Half Dozen**

6 bagels

**Cream Cheese Spreads**

Plain and Reduced-Fat: Plain, Hazelnut, Roasted Vegetable Medley, Chive & Onion, Wild Blueberry, Honey Walnut

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**PASTRIES & SWEETS**

**Pastries**

Pastry Ring, Cinnamon Roll, Cobblestone, Pecan Roll, Bear Claw, Pecan Braid, Cheese, Chocolate, Cherry, French Croissant

**Scones**

Caramel Apple Thumbprint **IT'S BACK!**, Wild Blueberry, Cinnamon Crunch, Orange, Mini Scones Variety Pack (6 Wild Blueberry & 3 Orange)

**Muffins**

Blueberry with Fresh Blueberries, Pumpkin, Apple Crunch, Cranberry Orange Muffin **IT'S BACK!**

**Muffies**

Chocolate Chip, Pumpkin

**Cakes & Brownies**

Cinnamon Crumb Coffee Cake, Carrot Cake with Walnuts, Double Fudge Brownie with Icing

**Cookies**

Shortbread, Chocolate Chipper, Oatmeal Raisin, Chocolate Duet Sandwich Cookie with Walnuts, Candy Cookie, Toffee Nut, Pumpkin Cookie **IT'S BACK!**

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**FRESHLY BAKED BREADS**

All of our breads are made from fresh dough using our own recipes and only unbleached flour, and freshly baked every morning and throughout the day.

**Artisan Breads**

Country, French, Rye, Ciabatta, Whole Grain

**Specialty Breads**

Sourdough, Asiago Cheese, Cinnamon Raisin Swirl, All-Natural White, Tomato Basil, Honey Wheat

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**DRINKS**

**COFFEE, ESPRESSO & HOT DRINKS**

Available iced or hot, in decaf or with skim milk. Additional shots of espresso, flavored syrups or whipped cream available for an additional charge.

**Freshly Brewed Coffee**

Light Roast, Dark Roast, Colombian Decaf, Hazelnut

**Pumpkin Spice Latte** **IT'S BACK!**

Espresso, foamed milk and pumpkin spice with whipped cream and salted caramel syrup.

**Caramel Latte**

Espresso, foamed milk and caramel with whipped cream and caramel sauce.

**Chai Tea Latte**

Brewed black tea, honey, vanilla, cardamom, cinnamon, ginger and foamed milk.

**Caffe Mocha**

Espresso, foamed milk and chocolate with whipped cream and chocolate sauce.

**Caffe Latte**

Espresso and foamed milk.

**Cappuccino**

Espresso and foamed milk with a cap of foam.

**Signature Hot Chocolate with Chocolate Chip Marshmallows**

Bittersweet chocolate flavored syrup mixed with foamed milk and topped with whipped cream and salted caramel sauce.

**Hot Teas**

A variety of “The Republic of Tea” offerings.

**Espresso**

**FRUIT SMOOTHIES**

**Low-Fat Mango**

Mango fruit base mixed with orange juice and banana puree blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice.

**Low-Fat Strawberry with Ginseng**

Strawberry fruit base with a mix of fruit purees and juice concentrates, blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice, then boosted with ginseng.

**Low-Fat Wild Berry**

Apple and blueberry puree, and blueberry and raspberry concentrates, blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice.

**Low-Fat Strawberry Banana with Ginseng**

Strawberry and apple puree, grape juice concentrate and one whole banana blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice, boosted with ginseng.

POWER SMOOTHIES

**Green Passion Power**

Peach and mango purees and white grape and passionfruit juice concentrates blended with fresh spinach and ice.

**Superfruit Power with Ginseng**

Superfruit fruit base with a mix of fruit purees, juices and juice concentrates, blended with organic, non-fat plain Greek yogurt and ice, then boosted with ginseng.

FROZEN DRINKS

**Frozen Caramel**

Caramel and an icy coffee blend topped with whipped cream and caramel sauce.

**Frozen Mocha**

Chocolate and an icy coffee blend topped with whipped cream and chocolate sauce.

BEVERAGES

Iced Chai Tea Latte, Iced Green Tea, Brewed Iced Tea (Mango, Black or Tropical Hibiscus), Lemonade, Joia® Grapefruit All-Natural Soda, BluePrint Juice® Green or Red, San Pellegrino® Sparkling Water and Sparkling Fruit Beverages, Strawberry Paradise Juice, Bottled Water, Premium Orange Juice, Soft Drinks, Iced Coffee, Organic Apple Juice, Organic White or Chocolate Milk

YOU PICK 2®

Combine two items: ½ Salad, ½ Sandwich, 1 Flatbread, ½ Mac & Cheese or a Cup of Soup

PANINI & SANDWICHES

**Roasted Turkey, Apple & Cheddar NEW!**

Roasted turkey raised without antibiotics, Vermont white cheddar, fresh apple and cabbage slaw, arugula and special sauce on New Whole Grain Cranberry Walnut Bread.

**Steak & White Cheddar Panini**

Seared steak, caramelized onions, Vermont white cheddar and horseradish sauce on French Baguette.

**Roasted Turkey & Avocado BLT**

Roasted turkey breast raised without antibiotics, applewood-smoked bacon, lettuce, vine-ripened tomatoes and avocado with reduced-fat olive oil mayo on Sourdough.

**Italian Combo Sandwich**

Seared steak, smoked turkey breast, smoked, lean ham, salami, Swiss, peperoncini, lettuce, vine-ripened tomatoes, red onions and special sauce on Ciabatta.

**Asiago Steak Sandwich**

Seared steak, smoked cheddar, lettuce, vine-ripened tomatoes, red onions and horseradish sauce on Asiago Cheese Demi.

**Bacon Turkey Bravo® Sandwich**

Smoked turkey breast, applewood-smoked bacon, smoked Gouda, lettuce, vine-ripened tomatoes and signature sauce on Tomato Basil.

**Frontega Chicken Panini®**

Smoked, pulled chicken raised without antibiotics, mozzarella, vine-ripened tomatoes, red onions, chopped basil and chipotle mayo on Focaccia.

**Chipotle Chicken Panini**

Chicken raised without antibiotics, applewood-smoked bacon, smoked cheddar, vine-ripened tomatoes and ancho-chipotle spread on French.

**Napa Almond Chicken Salad Sandwich**

Chicken raised without antibiotics, diced celery, seedless grapes, almonds and special dressing with lettuce and vine-ripened tomatoes on Sesame Semolina.

**Sierra Turkey Sandwich**

Smoked turkey breast, field greens, red onions and chipotle mayo on Asiago Cheese Focaccia.

**Classic Grilled Cheese**

Organic sliced American cheese grilled on All-Natural White.

**Mediterranean Veggie Sandwich**

Zesty Peppadew™ piquant peppers, feta, cucumbers,

lettuce, vine-ripened tomatoes, red onions and cilantro-jalapeño hummus on Tomato Basil.

**Turkey Breast Sandwich**

Smoked turkey breast, lettuce, vine-ripened tomatoes, red onions, salt and pepper on Country Bread.

**Tuna Salad Sandwich**

Special recipe tuna salad, lettuce, vine-ripened tomatoes and red onions with salt and pepper on Honey Wheat.

**Ham & Swiss Sandwich**

Smoked, lean ham, Swiss, lettuce, vine-ripened tomatoes, red onions, salt and pepper on Rye.

FLATBREAD SANDWICHES

**Chicken, Ham & Swiss Flatbread NEW!**

Chicken raised without antibiotics, smoked, lean ham, Swiss, arugula, garlic and herb cream cheese spread and spicy brown mustard on whole grain flatbread.

**Roasted Turkey Cranberry IT'S BACK!**

Roasted turkey raised without antibiotics, cranberry mostarda and baby spinach with garlic and herb cream cheese spread on whole grain flatbread.

**Southwestern Flatbread IT'S BACK!**

Chicken raised without antibiotics, black bean hummus, feta, southwest corn blend, napa cabbage blend and cilantro with BBQ ranch dressing on whole grain flatbread.

**Tomato Mozzarella Flatbread**

Fresh mozzarella, fresh tomatoes and tomato sofrito, baby arugula and nut-free basil pesto with freshly squeezed lemon on whole grain flatbread.

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## HAND-TOSSED SALADS

### **Ancient Grain, Arugula & Chicken Salad** **NEW!**

Chicken raised without antibiotics, arugula, our ancient grain blend, red grapes and fresh apple and cabbage slaw tossed with white balsamic vinaigrette dressing flavored with apple and topped with toasted pumpkin seeds.

### **Power Kale Caesar Salad with Chicken**

Chicken raised without antibiotics, kale, romaine and parmesan tossed with Caesar dressing and topped with parmesan crisps.

### **Mediterranean Chicken & Quinoa Salad**

Bright Mediterranean flavor with a boost from organic quinoa, kale, romaine, cucumbers, kalamata olives, tomato sofrito and toasted almonds tossed with Greek dressing.

### **Thai Chicken Salad**

Chicken raised without antibiotics, romaine, Thai cashews, fire-roasted edamame, red pepper and carrot blend, cilantro and wonton strips tossed with low-fat Thai chili vinaigrette and drizzled with peanut sauce.

### **Chicken Cobb with Avocado Salad**

Chicken raised without antibiotics, romaine, vine-ripened tomatoes, applewood-smoked bacon, Gorgonzola and cage-free egg tossed with herb vinaigrette and topped with avocado.

### **BBQ Chicken Salad**

Chicken raised without antibiotics, romaine, southwest corn blend and frizzled onions tossed with BBQ ranch dressing and drizzled with BBQ sauce.

### **Fuji Apple Chicken Salad**

Chicken raised without antibiotics, field greens, romaine, vine-ripened tomatoes, red onions, pecans, Gorgonzola and apple chips tossed with white balsamic apple vinaigrette.

### **Classic with Chicken Salad**

Chicken raised without antibiotics, field greens, romaine, vine-ripened tomatoes, cucumbers and red onions tossed with reduced-fat balsamic vinaigrette.

### **Chicken Caesar Salad**

Chicken raised without antibiotics, romaine, asiago-parmesan and homemade asiago croutons tossed with Caesar dressing.

### **Asian Sesame Chicken Salad**

Chicken raised without antibiotics, romaine, cilantro, sliced almonds, sesame seeds and wonton strips tossed with Asian sesame vinaigrette.

### **Greek with Chicken Salad**

Chicken raised without antibiotics, romaine, vine-ripened tomatoes, feta, peperoncini, red onions, kalamata olives and pepper tossed with Greek dressing.

### **Classic Salad**

Field greens, romaine, vine-ripened tomatoes, cucumbers and red onions tossed with reduced-fat balsamic vinaigrette.

### **Caesar Salad**

Romaine, asiago-parmesan and homemade asiago croutons tossed with Caesar dressing.

### **Greek Salad**

Romaine, vine-ripened tomatoes, feta, peperoncini, red onions, kalamata olives and pepper tossed with Greek dressing.

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## BROTH BOWLS & PASTA

Add a ½ Salad, ½ Sandwich, Cup of Soup or 1 Flatbread to any Bowl or Pasta\*

## BROTH BOWLS

### **Soba Noodle Bowl**

Chicken Raised Without Antibiotics or Edamame Blend

Soba noodles, fresh spinach, napa cabbage blend, roasted mushroom and onion blend, sesame seeds and cilantro in our umami soy-biso broth.

### **Lentil Quinoa Bowl**

Chicken Raised Without Antibiotics or Cage-Free Egg Organic quinoa and brown rice, lentil blend, tomato sofrito, fresh kale and spinach with a lemon wheel in our umami soy-miso broth.

## PASTAS

### **Butternut Squash Ravioli** **IT'S BACK!**

Sage and egg striped pasta filled with butternut squash, butter, dark brown sugar and amaretti cookies, tossed in a leek and garlic cream sauce and topped with fresh baby arugula and frizzled onions.

### **Chicken Tortellini Alfredo**

Tortellini pasta filled with a three-cheese blend, tossed in alfredo sauce and topped with smoked, pulled chicken raised without antibiotics and asiago-parmesan.

### **Pasta Primavera**

Ribbon-shaped noodles tossed with a blend of vegetables in a lemon garlic cream sauce on a bed of spinach and topped with asiago-parmesan and basil pesto.

### **Tortellini Alfredo**

Tortellini pasta filled with a three-cheese blend, tossed in alfredo sauce and topped with asiago-parmesan.

### **Pesto Sacchettini**

Purse-shaped pasta stuffed with a six-cheese blend, tossed in nut-free basil pesto and topped with asiago-parmesan.

\*Upcharge applies, see bakery-cafe menu for details.

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**SOUPS**

Available in a Bowl or Sourdough Bread Bowl. For today's soup schedule please visit [PaneraBread.com](http://PaneraBread.com).\*

**All-Natural Turkey Chili** **IT'S BACK!**

Hearty blend of dark meat turkey raised without antibiotics and tender beans, slow cooked with veggies and spices. Served daily.

**Low-Fat All-Natural Chicken Noodle Soup**

Fresh vegetables and tender all-white meat chicken breast simmered in a delicately seasoned chicken broth with traditional egg noodles. Served daily.

**Vegetarian Autumn Squash Soup** **IT'S BACK!**

A rich blend of butternut squash and pumpkin simmered in vegetable broth with select ingredients including: honey, apple juice, cinnamon and a hint of curry, then finished with sweet cream and topped with roasted and salted pumpkin seeds. Served daily.

**Vegetarian Creamy Tomato Soup**

Pear tomatoes pureed with fresh cream with hints of red pepper and oregano, topped with asiago croutons. Served daily.

**Broccoli Cheddar Soup**

Chopped broccoli, shredded carrots and seasoning in a smooth cheese sauce. Served daily.

**Low-Fat Vegetarian Black Bean Soup**

Black beans in a spicy vegetarian broth with onions, red pepper, garlic and cumin. Served Sunday, Tuesday, Thursday and Saturday.

**Cream of Chicken & Wild Rice Soup**

Long grain and wild rice, celery, onions, carrots and diced chicken in chicken broth with cream and herbs. Served Sunday, Tuesday, Thursday and Saturday.

**Baked Potato Soup**

Russet potatoes with select seasonings and smoked bacon in cream sauce with spring onion and chives. Served Monday and Wednesday.

**Low-Fat Vegetarian Garden Vegetable Soup with Pesto**

Diced tomatoes, zucchini, yellow beans, Swiss chard, cauliflower, bell peppers and pearled barley in a tomato broth garnished with nut-free basil pesto. Served Monday, Wednesday and Friday.

**New England Clam Chowder**

Chopped sea clams, diced potato, celery, onions and seasonings in a creamy broth. Served Friday.

\*Soup offerings at local bakery-cafes may differ.

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**MAC & CHEESE**

Shell pasta tossed in a blend of cheeses, including our Vermont white cheddar cheese sauce. Served daily.

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**PANERA KIDS™**

Served with a choice of squeezable organic yogurt, apple or baguette.

**Half Salad**

Choice of Classic, Caesar or Greek Salad.

**Mac & Cheese**

Shell pasta in a blend of cheeses, including our Vermont white cheddar cheese sauce.

**Cup of Soup**

Check soup schedule at [PaneraBread.com](http://PaneraBread.com) for daily availability.

**Cup of All-Natural Turkey Chili** **IT'S BACK!**

Hearty blend of dark meat turkey raised without antibiotics and tender beans, slow cooked with veggies and spices.

**Peanut Butter & Jelly**

Creamy peanut butter and grape jelly on All-Natural White Bread.

**Grilled Cheese**

Organic American cheese grilled on All-Natural White Bread.

**Deli Sandwich**

Organic American cheese and a choice of smoked, lean ham or smoked turkey breast served on All-Natural White Bread.

**Buttered Ribbon Noodles**

Ribbon-shaped noodles with creamy butter and sea salt.

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**PANERA CATERING**

Order your favorite sandwiches, salads, soups and sweets, conveniently boxed for groups of five or more. Delivery is available. Contact your local catering coordinator for details, or order online at [PaneraBread.com](http://PaneraBread.com).

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